

0161 697 3066

www.oddfellowsonthepark.com/pigsty

The Pigsty at Oddfellows On The Park | Bruntwood Park | Cheadle | SK8 1HX



## Facials

### Glowing Radiance

Using Ila's glowing radiance collection. This divine treatment begins with an aloe vera and pomegranate cleanse and is followed by a gentle blackcurrant and honey exfoliation. We then apply powerful damascena rose otto and sandalwood oils to stimulate and energise your skin. Specialised marma techniques restore natural luminance, whilst a green clay mask reduces inflammation.

30 minutes: £40

#### Renewed Recovery

Using Ila's renewed recovery collection. This restorative face therapy draws on intensely healing rainforest extracts to rejuvenate skin cells. Lymphatic drainage techniques, warm herbal poultices and an Amazonian mud mask encourage toxin release, reduce water retention, increase blood supply and boost collagen production. Skin tone is brightened and muscle contractions are inhibited, softening fine lines and wrinkles.

30 mintes: £40 60 minutes: £65

#### Gold Cellular Restore

Using Ila's Gold Cellular Age Restore Collection. This powerful treatment encompasses the world's most undiscovered ingredients proven to work with the skin to heal and protect from signs of ageing. Three types of gold and the rarest of frankincense are used with cleansing and healing massage techniques. Ila's unique BosTriWell and hyaluronic extract combine with sonic wave therapy to increase collagen levels and reduces cell inflammation. Skin is reprogrammed and rejuvenated.

60 minutes: £85

## Trotters & Hooves

#### Hot Hooves

A treatment releasing tension from the hands. Restore a noticeably younger, smoother appearance with the blissful combination of scrub, rose balm, marma massage and hydrating rose quartz gel mask.

30 minutes: £30

This treatment can be enhanced with the addition of our signature shape and polish +£20 or gel polish +£25

### Terrific Trothers

A relaxing and energising treat for flawless feet, comprising of an energising & detoxifying scrub to smooth, marma massage and foot mask to stimulate, and vital energy cream to soften.

30 minutes: £30

This treatment can be enhanced with the addition of our signature shape and polish + £20 or gel polish + £25

## The Mus Room

#### Wallow in Mus

A 40 minute self-applied treatment which includes a Himalayan salt scrub followed by the self-application of mineral mud all over your body. Relax in the steam room and complete your treatment with a purifying glowing radiance body cream.

1 person: £50 2 people: £80

## Massage

#### Kundelini Massage

A profoundly soothing and relaxing treatment based on the chakras of the body, harmonising and strengthening the whole nervous system. A very holistic massage using essential oils in combination with ancient techniques treating body and mind. Upgrade to a 75 minute treatment for an additional 15 minutes of Tibetan face therapy.

> 60 minutes: £65 75 minutes: £85

### Vitality Massage

This revitalising massage helps release toxins, reduce fatigue and restore physical and mental strength. Invigorating massage and marma therapy with energy-enhancing essential oils of juniper berry, geranium, lemon grass and patchouli leave mind, body and spirit sparkling with vitality.

30 minutes: £40 60 minutes: £65

#### ku Nye Massage

This Tibetan body treatment balances the five elements to restore a harmonious flow of energy and vitality. A blend of five essential oils work together to stabilise the five sensory organs. Tibetan cupping, kneading and acupressure techniques help release physical and mental tension. Warm crystals and poultices bring harmony from the tips of the toes, to the crown of the head.

30 minutes: £80 60 minutes: £100

#### Blissful Back Massage

This stress relieving back treatment begins with dry body brushing and an exfoliation to increase circulation, stimulate nerve endings and deeply cleanse the skin. A profoundly relaxing massage follows to soothe both the mind and body and restore inner peace. The application of luxurious body cream concludes this treatment to leave you walking on air.

40 minutes: £45

#### Pregnancy Massage

Our tailored pregnancy treatment targets specific areas of tension release. A rosehip seed and argan massage oil infused with extracts of lavender and geranium replenish dry skin & support in the fight against stretch marks. Warm Himalayan herb poultices are slowly massaged into marma points to relieve aches & pains, excess fluid and heat.

60 minutes: £65



# Pigsty Treats Trotter & Hooves

Manicure £25

OPI nail treatment with a choice of colour.

Pedicure £25

OPI nail treatment with a choice of colour.

Shape and polish £20

Keep your tips looking top with this nail treatment.

Upgrade to infinte shine £2.50

Add infinite shine polish to your manicure or pedicure

Shape and polish with Gel £25

Keep your tips looking top with this nail treatment with long lasting Gel polish.

Gel Manicure £30

OPI gel nail treatment with a choice of colour.

Gel Pedicure £30

OPI gel nail treatment with a choice of colour.

Espresso Mani £30

Columbian coffee scrub infused with grapeseed oil will invigorate and brighten dull skin. Finish with an OPI polish and a coffee of your choice!

# A Day in Mud

#### After-Mus Tea

Begin your day with a wallow in the mud with a Himalayan salt scrub to cleanse and soften the skin. Next a 30 minute treatment of your choice is on the agenda. Finish with a scrumptious afternoon tea for two in the play pen.

£99 per person

#### Glorious Mud Morning

Start your day with a wallow in the rasul mud room followed by a 60 minute Vitality Massage to renew the soul. Later treat yourself to a light lunch and a glass of something fizzy.

£125 per person

#### Smout to Troller

Start your morning with a Gold Cellular facial and a Hot Hooves or Terrific Trotters treatment followed by a light lunch and a glass of something fun and fabulously fizzy.

£125 per person

#### The Whole Hog!

Start with a champagne breakfast in our playpen before starting a day of pampering. Indulge in two 30 minute treatments of your choice, plus a 40 minute wallow in the mud room. A light lunch and some all important fizzy refreshments will be served to keep you trotting along. It's the kind of day that will make you feel like a pig in...

£175 per person

# Pigsty Signature

### Indian Head Massage

This massage therapy focusses on the upper back, shoulders, arms and head to help relieve the stresses of daily life.

45 minutes: £50

#### Signature Massage

Unique to The Pigsty. Using techniques our team have picked up over their combined industry experience, this massage will relax the body and mind.

45 minutes: £50

### Signature Facial

Skin constantly changes. Your age, lifestyle and environment are just a few factors that can affect the skin's condition. Our tailored facial treatment targets specific skincare concerns. Speak to your therapist to achieve a desired result.

45 minutes: £50

#### Signature Package

Want to try it all? Indulge in our Signature Package and you'll receive a 30 minute signature facial, a 30 minute signature massage, a manicure or pedicure and a light lunch with a glass of fizz!

£90

# Specialist Treatments

#### Pregnancy Massage

Our tailored pregnancy treatment targets specific areas of tension release. A rosehip seed and argan massage oil infused with extracts of lavender and geranium replenish dry skin & support in the fight against stretch marks. Warm Himalayan herb poultices are slowly massaged into marma points to relieve aches & pains, excess fluid and heat.

60 minutes: £65

#### Deep Tissue Massage

This revitalising massage combats exhaustion and restores physical & mental strength. This is a firm pressure which releases any toxins and inflammation of the body.

60 minutes: £85

#### Cupping

Cupping originated in China in around 1000 BC, originally designed to reduce pain & promote relaxation. This invigorating treatment will see cups applied to the body to create vacuum, so the blood is drawn to the surface of the skin in specific parts of the body that need healing.

45 minutes: £55

Add a dry cupping therapy to any massage.

20 minutes: £20

# Did you know...

You can privately hire The Pigsty for any special occasion? The Pigsty team can organise a private yoga session, personal training or even private dining to add that little extra to your pamper day.

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